

STEPS TO HEALTH AND WEALTH

The foundation for health and wealth starts at birth and influences success at every stage of life.



Infancy

Infants born into financially secure families have stable housing, greater access to health services, and higher availability of nutritious meals. Moms who can afford health insurance are also more likely to have quality prenatal care. These all improve infant health.

School age

Kids who do best in school typically have a healthy first eight years of life, the most important time for brain development. Healthy kids also have an edge because they miss fewer days of school from illnesses and are more likely to graduate. School success leads to career and financial success as an adult.

Working age

Keeping Arkansans healthy helps their bottom line. Healthier people can work more, protect their assets, and have lower out-of-pocket medical expenses. For example, since the Affordable Care Act was signed into law and more people were able to get health insurance, bankruptcies have gone down dramatically.